

Food Items

- 2 loaves of bread (bought BOGO at Publix)
- 2 jars of salsa (from Trader Joe's)
- 1 jar bean dip (TJ)
- 2 bags bagels (bought BOGO at Publix)
- 1 bag Tofayan wraps
- 1 bag habanero tortillas (TJ)
- 1 jar unsweetened peanut butter (TJ)
- 1 small jar coconut oil (Publix brand)
- 2 packs Field Roast "sausage" (\$1 off each)
- 2 jars jelly (TJ)
- 1 leftover box of Minute Rice Medley (2 packs left)
- 1 premade (at home) pasta salad in plastic container
- 1 bottle store brand ketchup (365 from Whole Foods, half used)
- 1 bottle Jalapeño mustard (365WF, already open)
- 1 bottle yellow mustard (365WF, already open)
- 2 cans baked beans (TJ)
- 1 bottle Tabasco
- 2 tubs of hummus (BOGO at WF)
- 1 tub Go Veggie cream cheese
- 1 can kidney beans (365WF)
- 2 bags of chips (BOGO at Publix)
- 2 bags of Pretzel chips (BOGO at Publix)
- 1 glass container of premade tofu scramble
- 1 bag of Daiya cheddar shreds
- 1 (already open) pack of Daiya cheddar slices
- 3 tomatoes
- 2 avocados
- 2 bottles of inexpensive wine (under \$10)
- 1 six-pack of local craft beer (coconut ale)
- 1 precooked package of LiteLife "facon"
- 1 bag of tortilla chips
- 12-pack equivalent of La Croix (from different boxes we had)
- 1 leftover bag of cherries
- 1 pepper
- 1 onion
- 1 pack turkey
- 1 pack Swiss
- 1 bag Gardein veggie burgers
- 1 bag burger buns (most went back in freezer when we returned)

Non-food items

- Flexi cutting board (came in a 4 pack years ago)
- Large cast iron frying pan
- 1 set of “purse” [bamboo utensils](#)
- 1 set of other bamboo utensils, two reusable chopstick sets, metal forks and spoons, and wooden cookware
- Pile of cloth napkins
- Pile of cloth dish towels
- Pile of dish rags
- Small bottle of dish soap
- Dish sponge
- Bottle opener
- Paring knife
- Two Tide “pods”
- Coleman grill
- Small propane tank
- Box of aluminum foil
- 1 set reusable plastic plates
- 1 set (of 4) reusable plastic cups
- 2 reusable steel coffee mugs
- 4 reusable steel water bottles
- 1 extra reusable steel water bottle specifically for leftover wine (to seal it up in the truck)
- 4 [reusable sandwich bags](#)

All cold items packed into two coolers, a portable one for the items to eat that day – lunch, etc. – and a larger one that doesn’t get opened except to pack and unpack. Packing ice in sealed plastic containers, separated from food by cheap baking sheets keeps food from swimming in a sea of melted ice.

Breads and chips went into reusable shopping bags.